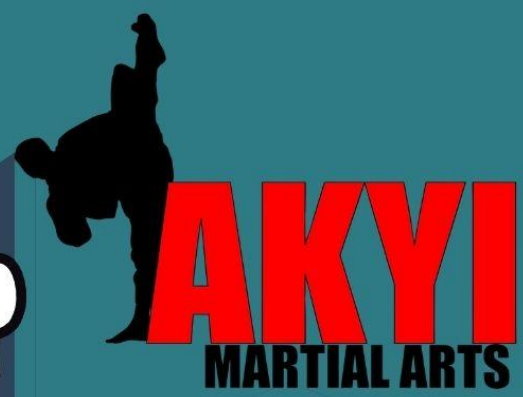


2023 NORTH SHORE OPEN CHAMPIONSHIP



SATURDAY NOV 11 2023

**ATTEA MIDDLE SCHOOL
2500 CHESTNUT AVE,
GLENVIEW 60025**

FORMS

BOARD

BREAKING

SPARRING

DEMO TEAM



FOR MORE INFO CONTACT: MASTER RAY KYI -847-998-1111

AKYIMA360@GMAIL.COM

SCHEDULE OF EVENTS

*All Times are Subject to Change!

8:00 AM	DOORS OPEN / REGISTRATION
8:30 AM	REFEREE / COACHES MEETING
9:00 AM	OPENING REMARKS / NATIONAL ANTHEM
9:15 AM	DEMO TEAM COMPETITION
9:15 AM	ALL FORMS (Poomsae)
11:30 AM	FORMS GRAND CHAMPIONSHIPS
11:30 AM	ALL BOARD BREAKING
12:00 –12:30	LUNCH
12:30 PM	LEVEL B SPARRING (GRASSROOTS)
1:45 PM	LEVEL A SPARRING (WORLD CLASS)
4:30 PM	CLOSING CEREMONY

ATTEA MIDDLE SCHOOL

2500 CHESTNUT AVE, GLENVIEW 60025

Spectator Fees: *Cash only at the door!

\$15.00 Adults / \$5.00 Children Ages 6-10 / Children 5 and under- Free!

Concessions Available in Cafeteria!

*No outside food or beverage permitted inside gymnasium!

*We will be collecting Food Donations benefitting the Glenview Food Bank

Donation Boxes will be available at the front doors!

For Each donation- 1- raffle ticket per family will be given

Winner will receive a \$100.00 AMAZON Gift Card

AMM
MARTIAL ARTS

OPEN FORMS COMPETITION:

Athletes will be divided by age and belt rank –

- Competitors may compete using any form within their belt division
- Winner of each division will proceed to Grand Championship rounds
- 4 - Grand Championship Divisions:
- **11 and Younger - Color / Black**
- **12 and Older Color / Black**

AGE	WHITE YELLOW, ORANGE	GREEN - PURPLE	BLUE - BROWN	RED - DEPUTY	BLACK
5 - 6	BASE FORM 1 TAEGUEK / Palgwe 1 / 2	TAEGUEK / Palgwe 3 / 4	TAEGUEK / Palgwe 5,6,7	TAEGUEK / Palgwe 8	1 ST DAN KORYO
7 - 9	BASE FORM 1 TAEGUEK / Palgwe 1 / 2	TAEGUEK / Palgwe 3 / 4	TAEGUEK / Palgwe 5,6,7	TAEGUEK / Palgwe 8	1 ST DAN KORYO
10 - 11	BASE FORM 1 TAEGUEK / Palgwe 1 / 2	TAEGUEK / Palgwe 3 / 4	TAEGUEK / Palgwe 5,6,7	TAEGUEK / Palgwe 8	1 ST DAN KORYO 2 ND DAN KEUMGANG
12 -14	BASE FORM 1 TAEGUEK / Palgwe 1 / 2	TAEGUEK / Palgwe 3 / 4	TAEGUEK / Palgwe 5,6,7	TAEGUEK / Palgwe 8	1 ST DAN KORYO 2 ND DAN KEUMGANG
15 -17	BASE FORM 1 TAEUGEK / Palgwe 1 / 2	TAEGUEK / Palgwe 3 / 4	TAEGUEK / Palgwe 5,6,7	TAEGUEK / Palgwe 8	1 ST DAN KORYO 2 ND DAN KEUMGANG 3 RD DAN TAEBACK
18 +	BASE FORM 1 TAEGUEK / Palgwe 1 / 2	TAEGUEK / Palgwe 3 / 4	TAEGUEK / Palgwe 5,6,7	TAEGUEK / Palgwe 8	KORYO - PYONGWON

OFFICIAL SPARRING RULES AND REGULATIONS:

- All Sparring divisions Both A and B Level will use **DAEDO electronic system**.
- DAEDO Socks will be available to **purchase** onsite;
- ****Should an athlete choose NOT to participate in DAEDO sparring- 1 Ring will be assigned for MANUAL scoring – Athletes will need make sure that ALL GEAR is provided- Including Chest Guard and Helmet.**

Prohibited Acts/Penalties (Gam-Jeom; deduction of a full point by competitor/coach/parent)

- Any act that intentionally interferes with another competitor, ring, coach, or official
- Causing a delay of the match
- profanity or disrespectful remarks or any misconduct on the part of a contestant, coach or parent.
- All rules and regulations subject to change per tournament director.

Level B Sparring: Non-World Class (Grassroots): Color Belts and Black Belts

- ❖ Athletes must have all proper protective gear including; arm and shin guards, mouth piece, groin cup (males), DAEDO Socks
- ❖ Best of 3 Rounds will declare match winner
 - Color Belts- 45 Second Rounds- 30 Second Rest
 - Black Belts – 1 Minute Rounds – 30 Second Rest
- ❖ Scoring is as follows: **LIGHT HEAD CONTACT UPON COACHES AGREEMENT**
 - 1 Point:Valid punch to the torso
 - 2 Point:Valid kick to the torso
 - 3 Point:Valid turning kick to the body
 - 3 Point: Valid Kick to the head ****COACHES DISCRETION ONLY!**

Level A Sparring: World Class: Color and Black Belts

- ❖ Athletes must have all protective equipment, arm and shin guards, helmet, mouth piece, groin cup (male), Daedo Socks
- ❖ Best of 3 Rounds will declare match winner-
 - Color Belts- 1 Minute Rounds - 30 Second Rest
 - Black Belts- 90 second Rounds – 30 Second Rest
- ❖ All Rules and Regulations will be modified WT (World Taekwondo) Rules
- ❖ **All Belts- LIGHT HEAD CONTACT PERMITTED**
- ❖ **Scoring – Color Belts**
 - 1 Point:Valid punch to the torso
 - 2 Point:Valid kick to the torso
 - 3 Point:Valid kick to the head (turning head kick is still 3 Point)
 - 4 Point:Valid turning kick to the body
- ❖ **Scoring – Black Belts-**
 - 1 Point:Valid punch to the torso
 - 2 Point:Valid kick to the torso
 - 3 Point:Valid kick to the head
 - 4 Point:Valid turning kick to the torso
 - 5 Point: Valid spin kick to the head **WITH CONTROL!!**

BOARD BREAKING RULES:

- Divisions divided by age and belt rank
- All Divisions will be **FREESTYLE Breaking**- Athletes come up with their own breaking routine.
- Athletes will be judged on – technique, speed, power, creativity, and number of attempts.

- **Ages 5 –7 – Small Boards**
- **Ages 8 – 12 – Medium Boards**
- **Ages 13 Above- Large Boards**

- Athletes get 2 chances to break their boards- 30 Second Time Limit*

- All Color Belts- 3 Boards Maximum - \$3.00 Extra per board
- All Black Belts- Maximum 5 boards - \$3.00 Extra per board
- No Chairs or Props allowed
- Athletes must provide their OWN HOLDERS- *Volunteers will be available if needed
- Athletes may NOT bring their own boards- Boards will be provided onsite.

DEMO TEAM COMPETITION RULES:

- Time Limit: 6 Minutes. 1 Minute Cleanup!
- All Music, Props (including boards) must be supplied by each team
- Any music that contains suggestive, provocative or inappropriate language will automatically be disqualified



2023 NORTH SHORE OPEN CHAMPIONSHIP

Date: SATURDAY NOVEMBER 11TH 2023,

ATTEA Middle School

2500 Chestnut Ave, Glenview 60025

COMPETITOR REGISTRATION FORM:

First Name: _____ Last Name: _____

Birthday (MM/DD/YY): _____ Age: _____ Gender (circle): M / F

Martial Arts School (Dojang Name) _____

Name of Master / Coach: _____

Current Belt Rank: _____ Weight (lbs): _____

Total Events Registering: 1 Event \$85 2 Events- \$95.00 3 Events - \$105.00

FORMS (Poomsae)	BOARD BREAKING \$3 Each per board extra Color Belts- 3 Max / BB – 5 Max	SPARRING A / B
TOTAL EVENTS: _____		TOTAL AMOUNT DUE: _____

PLEASE MAKE CHECK PAYABLE TO

AKYI MARTIAL ARTS

NO PERSONAL CHECKS- NO REFUNDS UNDER ANY CIRCUMSTANCE!

Regular Registration due by Monday November 6, 2023

AT THE DOOR REGISTRATION ADDITIONAL \$20.00 PER EVENT- CASH ONLY!

Liability Waiver:

IN CONSIDERATION OF the risk of injury that exists while participating in 2023 North Shore championships (hereinafter the "Activity"); and IN CONSIDERATION OF my desire to participate in said Activity and being given the right to participate in same; I HEREBY, for myself, my heirs, executors, administrators, assigns, or personal representatives (hereinafter collectively, "Releasor," "I" or "me", which terms shall also include Releasor's parents or guardian if Releasor is under 18 years of age), knowingly and voluntarily enter into this WIVER AND RELEASE OF LIABILITY and hereby waive any and all rights, claims or causes of action of any kind arising out of my participation in the Activity; and HEREBY release and forever discharge AKYI MARTIAL ARTS, located at 1961 Johns Dr, Glenview, Illinois 60025, their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns (collectively "Releasees"), from any physical or psychological injury that I may suffer as a direct result of my participation in the aforementioned Activity.

Date: _____

PARENT / LEGAL GUARDIAN SIGNITURE

Date: _____

COMPETITOR SIGNITURE (ABOVE 18)

2023 NORTH SHORE OPEN CHAMPIONSHIP

Date: SATURDAY NOVEMBER 11TH 2023

ATTEA Middle School

2500 Chestnut Ave, Glenview 60025

DEMO TEAM REGISTRATION FORM:

***Demo Team Entry Fee - \$150.00 – Entire Team – Not Included as regular event**

***Athletes of Demo Team must also participate in 1 Event additional to Demo Team to be eligible to participate**

First Name: _____ **Last Name:** _____

Birthday (MM/DD/YY): _____ **Age:** _____ **Gender (circle):** M / F

Martial Arts School (Dojang Name) _____

Name of Master / Coach: _____

Liability Waiver:

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